



PROJECT HEALING WATERS

Dedicated to the physical and emotional rehabilitation of disabled active military personnel and disabled veterans through fly fishing and associated activities including education and outings.



TROUT UNLIMITED

To conserve, protect and restore North America's coldwater fisheries and their watersheds.



CAST FOR KIDS

The largest fishing charity in the country serving children with special needs, military personnel and introducing kids to the joys of fishing.



REEL RECOVERY

Reel Recovery helps men in the cancer recovery process by introducing them to the healing powers of the sport of fly fishing, while providing a safe, supportive environment to explore their personal experiences of cancer with others who share their stories.



CASTING FOR RECOVERY

The mission of Casting for Recovery is to enhance the quality of life of women with breast cancer through a unique retreat program that combines breast cancer education and peer support with the therapeutic sport of fly fishing. The program offers opportunities for women to find inspiration, discover renewed energy for life and experience healing connections with other women and nature. CfR serves women of all ages, in all stages of breast cancer treatment and recovery, at no cost to participants.



Fly of the Month • December 2017

Happy Holidays!

We hope that you are enjoying this special season with your loved ones. Last month we asked our FOM club members to share charities and non-profit organizations that support fly fishing and the outdoors. On the back page, you will find a list of organizations we encourage you to consider with charitable gifting or donations this holiday season. Many of these groups would also appreciate your time and energy to help their cause make a difference. If you have any questions or thoughts regarding any of the organizations please don't hesitate to contact us at your convenience.



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FLY OF THE MONTH • 2-BEAD WD40 • COLOR: GREY • SIZE: 18

Similar to the household lubricant from which this pattern derives its name, the WD-40 works anytime and everywhere! The profile of this fly and the various colors in which it is available make it one of the most versatile patterns, able to match a host of midge, chironomid, and mayfly species. Tied with a pair of glass beads to add some shine and a little meat to this pattern, the 2-Bead WD40 can be used to match a number of invertebrate families and species on both lakes and rivers.

Dry/Wet: Wet

Fly Category: Generalist Pattern, Attractor Pattern

Family: Mayflies, Midges & Chironomids

Species: N/A

Life Stage: Nymph, Pupa, Emerger



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Trout Smart Series: Part 2 of Brook Trout Peter Stitcher - Ascent Fly Fishing

This article follows up the previous article titled "Trout Smart Series: Part 1 of Brook Trout" that was published last month. For the full series, visit www.wamboltwealth.com and click on Blog.

Feeding Behavior and Foods:

Like some campy, direct-to-DVD horror flick, brook trout swarm and attack both their food and the fly with mindless abandon. Be it a false sense of confidence created by numbers or the heightened competition for food, the sense of urgency is only multiplied by the number of fish sharing the water. Thinking primarily of their next meal, Brook trout are not particularly picky eaters requiring an exact match of the hatch. Dry flies with exaggerated wings and colors such as the Humpy, Purple Haze, and Missing Link Caddis are more than a brookie can bear to let drift by, while attractor nymphs including the prince nymph, rainbow warrior, and copper john have proved to be the undoing of countless thousands of fish. The diet of brook trout for the first few years of their lives is made up of any and every type of aquatic and terrestrial invertebrate they come across. Larger brook trout will add crayfish, minnows, and even mice to the menu as soon as they can fit them in their mouths.

Vulnerabilities:

1. Knock on Their Door - Ready to jump out of cover and mug any fly that gets close, fly placement can be key when targeting brook trout. Drop your flies close to cover including undercut banks, root wads in the river, and deep plunge pools. When you get your fly in the right place you will know it by the toothy mouths slashing at surface of the water!

2. Too Hot to Handle - Brook trout are ravenous, reactionary predators that will snap at anything that grabs their attention. Flashy beadheads, wire wraps, and bright colors are like putting blood in piranha-infested waters. Fish both dry and wet attractor patterns for four season action on brook trout, and they won't know what hit them until they're in your net.

3. Dumbstruck Love - When water temperatures drop in the Fall and hold between 48 - 45°F, the brook trout begin to lose their minds. Throwing caution to the wind the primal urge to mate overrides the mind of the brook trout as they compete for the best spawning areas and snap at anything that drifts by. While we NEVER target trout that are actively spawning or sitting on their redds, egg patterns, attractor nymphs, and streamers can all produce explosive strikes and tons of fish in the net.

