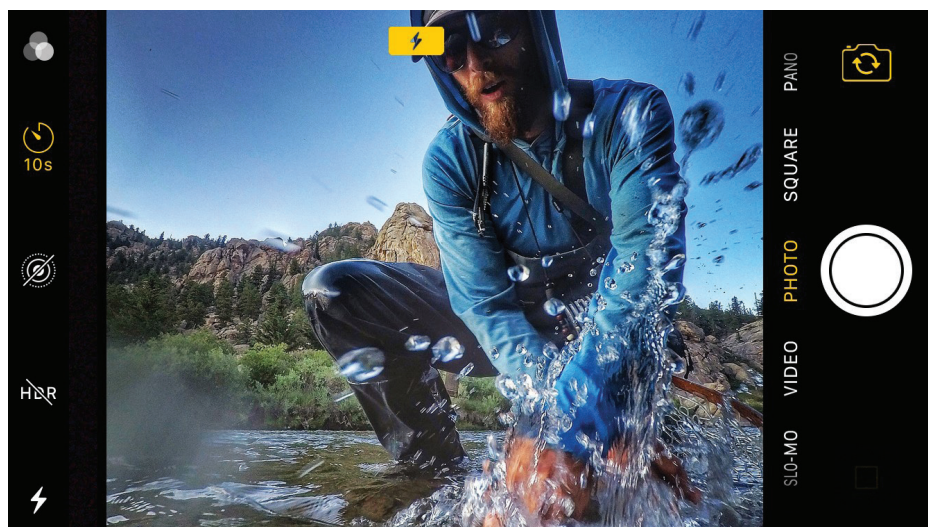


7) Cradle the fish with your hands while it is still in the net and in the water between you and the phone.

- a. One hand should wrap under the belly of the trout and below the pectoral fins or “flippers”, while the other hand should cradle the tail between the anal and caudal (tail) fins.
- b. With just a light resting pressure, the trout will relax into your hands during the ten second count allowing you to easily raise it from the water in time for a quick shot.

8) Lift the fish into the frame 2-3 seconds before the countdown ends and the photo is taken.

9) **PRO TIP** - Holding an 8” trout close to the camera will make it look like a HOG and will help to support your fish stories.



While you are still bound to capture a few fish-flops, your catch will spend its time between takes recovering in the water instead of flogging itself or choking on the shore. Once you’ve taken your photo, simply lower the fish back into the water until it kicks itself out of your hand and into the depth, where it will be waiting to battle you another day!

*Photography credit to Tommy Brown (Instagram handle: itstwiggles)*



## Fly of the Month • April 2018

Springtime in the Rockies always brings temperamental weather. We often see 60 and 70 degree days with bluebird skies, and just as many 30 and 40 degree days with rain, sleet, and snow. Knowing how to read and adapt to the conditions when the rivers aren’t flowing in the usual way can make your outcomes more predictable. This month, our focus is on properly handling fish so you can document the moment without harming your latest catch.

On another note, we are proud to announce the addition of another angler to our team at Wambolt & Associates. Jeff Wambolt, the nephew of Greg Wambolt, will be working not only as an advisor at the firm, but you will also find him out on the rivers and streams building relationships with clients and our trusted partners. During his 17-year tenure at JP Morgan Chase, he has helped make financial lifestyles better for clients and business owners across the western United States. Please join us in welcoming Jeff. You can reach out to him directly at (720) 962-6700 or via email at [jeff.wambolt@wamboltwealth.com](mailto:jeff.wambolt@wamboltwealth.com). Read more about Jeff at [www.wamboltwealth.com](http://www.wamboltwealth.com).



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## FLY OF THE MONTH • SUPER STIMULATOR • COLOR: PEACOCK • SIZE: 14

The Super Stimulator is the evolution of one of our favorite patterns and elevates it to the next level. The addition of rubber legs to this pattern helps to improve both its profile on the water and secondary motion as the legs bend and twist in the current. Available in a number of sizes and colors, this generalist pattern is super buoyant, has a great stonefly profile when viewed by rising trout, and is extra deadly when fished with a wet fly dropped off the hook.



**Dry/Wet:** Dry

**Fly Category:** Generalist Pattern, Attractor Pattern

**Family:** Stoneflies

**Species:** Early Black Stonefly, Early Brown Stonefly, Yellow Sally Stonefly, Golden Stonefly, Skwala Stonefly, Winter Black Stonefly

**Life Stage:** Adult

## How to Photograph Your Catch Without Harming the Fish

Peter Stitcher - Ascent Fly Fishing

We take pictures of the fish we catch because we want to share the moment with our family and brag to our fishing buddies. Instagram and Facebook, however, are regrettably full of photos of exhausted fish hauled limply onto the shore or held in the vise-like grip of grinning, oblivious anglers. The tragedy of these photos is that the fish we are trying to capture in these photos will more often than not die due to their rough handling. I'm not suggesting that we stop taking pictures of the fish we catch, only that we do so in a way that keep the trout wet, healthy, and give us the chance to catch these fish again after they've grown a couple more inches!

### **Keep em' Wet Until Showtime:**

As soon as you set the hook in a fish, they crank the energy dial from 0 to 100 and their fight or flight instinct kicks into overdrive. When you finally lead the conquered fish into your net, it is exhausted and in a vulnerable place. Our first priority before reaching for the camera needs to be to unhook the fish and help it to recover. Always wet your hands before handling the fish as not to scrape away their

protective slime coat. While the fish is still submerged in your net, cradle it with one hand around its midsection and side, and slowly rotating it so that its belly is facing the air. This position will often temporarily 'calm' the fish so that the hook can be removed without unnecessary struggle. Once the hook has been removed and the trout returned to the water within the basket of your net, it is time to get your smartphone ready to snap your picture.

### **Time to Get it Right with the Camera Timer:**

Trout are not always willing participants in our fishy photoshoots, and oftentimes we're going to need a little time to line up our photo. For a hands-free option that will allow you to get that perfectly framed shot without unduly stressing the fish, I recommend using the Camera Timer function on your smartphone's camera app.



### **Here is how you get your perfect picture without harming the fish:**

- 1) Open the camera app on your smartphone and select Photo.
- 2) Select the Timer Icon (highlighted in yellow on the left side of the image above).
- 3) Choose the 10 Second Countdown.
- 4) Select the Reverse Camera Icon (highlighted in yellow on the right side of the image above) so that you can line yourself up in the frame and view the countdown.
- 5) Prop your phone up next to the river so that the screen is facing you (you should see yourself on the screen if the reverse Camera Icon is indeed activated).
- 6) Touch the white Camera Shutter Button to start the 10 second countdown.

*continued on back*